- Weibel ER. Morphometry of the human lung. Berlin, Springer-Verlag, 1963.
- 8. Thurlbeck WM. The internal surface area of nonemphysematous lungs. *Am Rev Respir Dis* 1967; 95: 765–773.
- 9. Gundersen HJG, Bagger P, Bendtsen TF, *et al.* The new stereological tools: disector, fractionator, nucleator and point sampled intercepts and their use in pathological research and diagnosis. *APMIS* 1988; 96: 857–881.
- Cruz-Orive LM, Weibel ER. Recent stereological methods for cell biology: a brief survey. Am J Physiol 1990; 258: L148–L156.
- Bolender RP, Hyde DM, Dehoff RT. Lung morphometry: a new generation of tools and experiments for organ, tissue, cell, and molecular biology. *Am J Physiol* 1993; 265: L521– L548.
- 12. Ochs M, Nyengaard JR, Jung A, et al. The number of alveoli in the human lung. Am J Respir Crit Care Med 2004; 169: 120–124.

From the authors:

H. Fehrenbach is perfectly correct to point out that the assessment of our data is based only on the measurement of mean chord length (Lm) and lung volume estimations, whereas "a whole range of stereological tools is available for more detailed anaysis". However, the results were so dramatic that we felt that there was no need for these further, rather esoteric analyses, which would not necessarily have provided any further useful information for understanding the biology of the system. The results were also so clear-cut that errors due to tissue shrinkage (all samples were processed at the same time so this error should be equal anyway) or including the occasional alveolar duct in our computer-based measurements of alveolar Lm (800 measurements per field of view, 30 fields of view per Lm score) were also likely to be insignificant.

It is not these stereological debates that are the source of the controversies about whether or not retinoic acid (RA) induces alveolar regeneration, since the initial positive report by MASSARO and MASSARO [1]. We should instead be concerning ourselves with other biological reasons, such as the extent of initial damage, methods of delivery of RA, the phamacokinetics of RA, times after dosing, age of the animals *etc.*, as potential causes for these glaringly opposite reports of "RA induces alveolar regeneration" *versus* "RA does not induce alveolar regeneration".

Nevertheless, it must be acknowledged, as we do in our paper and as the editorial does, that the most important feature of these regenerated lungs is to determine whether they can or cannot take up oxygen efficiently, that is, whether they are fully functional. This is the missing piece of evidence in these and other experiments determining the forced expiratory volume in one second of the mouse or devising a mini-mouse exercise test. However, it would be very surprising if animals had evolved developmental and regenerative mechanisms that resulted in structurally sound but nonfunctional organs. In the words of the playwrite "A" stands for absolutely (perhaps).

M. Maden*, M. Hind#

*MRC Centre for Developmental Neurobiology, King's College London, and *Royal Brompton Hospital, London, UK.

References

 Massaro GD, Massaro D. Retinoic acid treatment abrogates elastase-induced pulmonary emphysema in rats. *Nat Med* 1997; 3: 675–677.

Pre- and post-bronchodilator spirometric values and the degree of reversibility in patients with COPD

To the Editor:

I thank P. Sterk for an interesting and informative Editorial on the definition and classification of patients with chronic obstructive pulmonary disease (COPD) [1]. However, I cannot help but get the feeling from reading the article that perhaps most, if not all, of the emphasis is placed on post-bronchodilator spirometric values. As pointed out by STERK [1], COPD is a disease where airflow limitation is not fully reversible. Taking this into account, one would intuitively expect that the definition and classification of COPD should at least be based on three criteria: namely, preand post-bronchodilator spirometric values, and the degree of reversibility between the two values; rather than depending solely on post-bronchodilator values. Would it not be meaningless to have just a post-bronchodilator value without its pre-bronchodilator counterpart, as significant reversibility wrongly diagnosed as fixed airflow limitation, as pointed out by STERK [1], may lead to potential over-diagnosis and overestimation of the severity of patients with COPD? It would perhaps be sensible if reporting of future articles relating to research on patients with COPD incorporated both the pre- and post-bronchodilator values, together with the degree of reversibility.

D.K.C. Lee

Dept of Respiratory Medicine, Ipswich Hospital, Ipswich, UK.

References

 Sterk PJ. Let's not forget: the GOLD criteria for COPD are based on post-bronchodilator FEV1. Eur Respir J 2004; 23: 497–498.

From the Editor:

I appreciate D. Lee's comments regarding my editorial on the usage of postbronchodilator spirometry in the Global Initiative for Chronic Obstructive Lung Disease (GOLD) and American Thoracic Society/European Respiratory Society criteria for the definition and classification of patients with chronic obstructive pulmonary disease (COPD) [1]. Will it be meaningful to add prebronchodilator values and reversibility to those criteria? It sounds plausible, but I believe it is not justified. The reason for this is that we should distinguish the criteria for the disease from potentially relevant information on the disease.

We all seem to agree that COPD is a disease in which airflow limitation is not fully reversible. The latter points to residual airflow limitation after giving an adequate dose of a bronchodilator: in other words, a lowered ceiling (postbronchodilator value) of spirometry. Would it be helpful to include the reversibility as such? Apart from the different ways of expressing reversibility [2], it appears that the response to a bronchodilator has hardly any diagnostic value for COPD [3], whilst being very poorly reproducible [4]. As indicated in my editorial, this is not unexpected since the prebronchodilator value of forced expiratory volume in one second and, thereby, its reversibility towards the postbronchodilator ceiling value is modulated by variable degrees of smooth muscle contraction. Therefore, the prebronchodilator value, as well as the reversibility, does not seem to be an adequate criterion as to whether airflow limitation is "not fully reversible".

Does this mean that reversibility is a useless index? No, certainly not. The degree of reversibility may point towards clinically and pathophysiologically relevant phenotypes of COPD. What are the determinants of smooth muscle contraction in this disease? We don't know, but there is recent evidence that patients with a substantial degree of reversibility of their airflow limitation (notwithstanding their abnormal postbronchodilator value) do have certain specific characteristics, such as elevated levels of exhaled nitric oxide and sputum eosinophilia [5], together with blood eosinophilia and reduced levels of neutrophil activation [6]. Hence, indeed,

there is a message that needs to be taken seriously in measuring reversibility, despite its poor reproducibility [4].

Taken together, when distinguishing the strict criteria for the definition and classification of chronic obstructive pulmonary disease from other potentially useful information on the clinical phenotype of the disease, D. Lee and myself do seem to agree. I thank him for his comments.

P.J. Sterk

Leiden, The Netherlands.

References

- Sterk PJ. Let's not forget: the GOLD criteria for COPD are based on post-bronchodilator FEV1. Eur Respir J 2004; 23: 497–498.
- Brand PLP, Quanjer PH, Postma DS, et al. Interpretation of bronchodilator response in patients with obstructive airways disease. The Dutch Chronic Non-Specific Lung Disease (CNSLD) study group. Thorax 1992; 47: 429–436.
- Meslier N, Racineux JL, Six P, Lockhart A. Diagnostic value of reversibility of chronic airway obstruction to separate asthma from chronic bronchitis: a statistical approach. *Eur Respir J* 1989; 2: 497–505.
- Calverley PMA, Burge PS, Spencer S, Anderson JA, Jones PW. Bronchodilator reversibility testing in chronic obstructive pulmonary disease. *Thorax* 2003; 58: 659–664.
- 5. Papi A, Romagnoli M, Baraldo S, *et al.* Partial reversibility of airflow limitation and increased exhaled NO and sputum eosinophilia in chronic obstructive pulmonary disease. *Am J Respir Crit Care Med* 2000; 162: 1773–1777.
- Sitkauskiene B, Sakalauskas R, Malakauskas K, Lötvall J. Reversibility to a beta2-agonist in COPD: relationship to atopy and neutrophil activation. *Respir Med* 2003; 97: 591– 598.

Additive blockade of β_2 -integrin adhesion of eosinophils by salmeterol and fluticasone propionate

To the Editor:

In their report of the effects of fluticasone propionate and salmeterol on eosinophil adhesion, Myo et al. [1] correctly considered that fluticasone propionate may have reduced eosinophil adhesion by inducing apoptosis [2-5], but they did not perform the appropriate experiments to test this. Assessment of "cell viability" by exclusion of membraneimpermeant dyes such as trypan blue or propidium iodide will not identify apoptotic eosinophils, which generally have intact plasma membranes [6]. Appropriate methods to quantify eosinophil apoptosis include examination of nuclear morphology and annexin V staining, which if performed would probably have resulted in a different interpretation of the data. Apoptotic cells are clearly not "viable" because cellular functions (including cell adhesion) are significantly impaired. Unfortunately, the term "cell viability" is widely used in scientific literature, but it is imprecise and should be abandoned.

S.P. Hart

MRC Centre for Inflammation Research, University of Edinburgh Medical School, Edinburgh, UK.

References

- Myo S, Zhu X, Myou S, et al. Additive blockade of β₂integrin adhesion of eosinophils by salmeterol and fluticasone propionate. Eur Respir J 2004; 23: 511–517.
- Whyte MKB, Meagher LC, MacDermot J, Haslett C. Impairment of function in aging neutrophils is associated with apoptosis. *J Immunol* 1993; 150: 5124–5134.
- Dransfield I, Stocks SC, Haslett C. Regulation of cell adhesion molecule expression and function associated with neutrophil apoptosis. *Blood* 1995; 85: 3264–3273.
- Meagher LC, Cousin JM, Seckl JR, Haslett C. Opposing effects of glucocorticoids on the rate of apoptosis in neutrophilic and eosinophilic granulocytes. *J Immunol* 1996; 156: 4422–4428.
- Zhang X, Moilanen E, Kankaanranta H. Enhancement of human eosinophil apoptosis by fluticasone propionate, budesonide, and beclomethasone. *Eur J Pharmacol* 2000; 406: 325–332.
- Stern M, Meagher LC, Savill JS, Haslett C. Apoptosis in human eosinophils: programmed cell death in the eosinophil leads to phagocytosis by macrophages and is modulated by IL-5. *J Immunol* 1992; 148: 3543– 3549.