# Trimodality therapy in stage III non-small cell lung cancer: prediction of recurrence by assessment of p185<sup>neu</sup>

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Trimodality therapy in stage III non-small cell lung cancer: prediction of recurrence by assessment of p185<sup>neu</sup>. M. Thomas, C. Rübe, M. Semik, M. von Eiff, F. Klinke, H.N. Macha, L. Freitag, H.H. Scheld, N. Willich, W.E. Berdel, K. Junker. ©ERS Journals Ltd 1999. ABSTRACT: In a trimodality treatment approach for stage III non-small cell lung cancer the prognostic impact of pretherapeutic p185<sup>neu</sup> assessment was evaluated.

Fifty-four patients were admitted to chemotherapy followed by twice-daily radiation with concomittant low-dose chemotherapy and subsequent surgery. Immunohistochemical assessment of p185<sup>neu</sup> expression was performed in paraffin-embedded mediastinal lymph node metastases, by mediastinoscopy biopsy prior to therapy.

Paraffin-embedded biopsies of mediastinal lymph node metastases were available in 33 cases. Seven out of eight patients with positive p185<sup>neu</sup> staining developed distant metastases, in contrast to seven out of 25 negative cases. Expression of p185<sup>neu</sup> in mediastinal lymph node metastases was a significant predictor for progression-free survival (p=0.047) and resulted mainly from significant differences in metastases-free survival (p185<sup>neu</sup>-positive *versus* p185<sup>neu</sup>-negative: median, 11 *versus* 19 months; 2-and 3-yr rates, 13% and 0% *versus* 40% and 32%; p=0.04).

On the basis of these preliminary results it was concluded that further evaluation of p185<sup>neu</sup> expression in trials on neoadjuvant and adjuvant therapy is warranted. When the prognostic impact of p185<sup>neu</sup> in such trials with larger patient numbers is confirmed, this may contribute to the identification of stratification variables for future treatment approaches of non-small cell lung cancer.

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Conventional therapy of stage III non-small cell lung cancer (NSCLC) by surgical resection or radiation alone results in survival rates of 5–13% [1]. These poor survival rates can be improved significantly by multimodality treatment using neoadjuvant chemotherapy or chemoradiotherapy followed by surgery or chemotherapy with simultaneous or sequential radiotherapy [2]. Previous studies on neoadjuvant therapy have demonstrated that the degree of tumour regression in resection specimens and lymph nodes is suggestive for long-term survival in these patients [2–4]. However, as the treatment-related mortality rates ranged 5–15% [2–4], it would be important to identify patients prior to treatment who are most likely to benefit from this therapy.

In the last few years, several molecular genetic features have been considered as powerful determinants of prognosis in NSCLC, especially in resectable stages of disease [5]. Recently, in patients who underwent neoadjuvant chemotherapy followed by surgery, a retrospective analysis assessed aberrant p53 expression in mediastinal lymph node metastases from biopsies taken prior to therapy. Results indicated a significant association between aberrant p53 expression and a lower degree of tumour regression in resection specimens. No correlations with survival or progression-free survival were reported [6]. The present study investigated p185<sup>neu</sup> overexpression in mediastinal lymph

node metastases prior to multimodality treatment in stage III NSCLC patients.

The c-erbB-2-proto-oncogene encoded p185<sup>neu</sup> is a transmembrane glycoprotein with intrinsic tyrosine kinase activity and extensive sequence homology to the epidermal growth factor receptor. It plays an important role in regulating epithelial cell growth. Overexpression of p185<sup>neu</sup> has been reported in up to 30% of NSCLCs [7–10]. In patients with resectable disease, several reports point to overexpression of p185<sup>neu</sup> as being associated with a significantly shorter survival [8, 9, 11, 12] or disease-free survival [12, 13] and to be an independent prognostic factor for unfavourable postoperative outcome [8, 11–13]. This study evaluated the prognostic impact of p185<sup>neu</sup> overexpression in mediastinal lymph node metastases for the first time in stage III NSCLC patients prior to neoadjuvant multimodality treatment.

### Patients and methods

Study subjects

The study was approved by the Ethics Committee of the University of Münster. Patients with stage IIIA [T1–3 N2

M0] NSCLC with histologically confirmed N2 status or stage IIIB [T4 N1-3 M0/T1-4 N3 M0] NSCLC were admitted after written informed consent. Patients with involvement of supraclavicular lymph nodes or positive pleural effusion were not eligible. Further requirements were a favourable medical condition (Eastern Cooperative Oncology Group (ECOG) performance score 0, 1), age of 18-69 yrs, sufficient bone marrow reserve (leukocytes >4,000 cells·μL<sup>-1</sup>; thrombocytes >100,000 cells·μL<sup>-1</sup>), adequate liver and kidney function (bilirubin <1.5 mg·dL<sup>-1</sup>/creatinine <1.5 mg·dL<sup>-1</sup>; creatinine clearance >30 mL·min<sup>-1</sup>) and a predicted postoperative forced expiratory volume in one second (FEV1) of >1.0 L. Pretreatment evaluation included laboratory profile, bronchoscopy and image diagnosis, with chest radiograph, computed tomography (CT) scans of thorax, abdomen, and head, and a bone scan. Mediastinoscopy was performed to assess the mediastinal lymph node status. Patients were also enrolled after assessment of mediastinal lymph nodes by an exploratory thoracotomy. Between April 1992 and September 1995, a total of 54 patients were enrolled from four participating institutions. As paraffin-embedded biopsies of the primary tumour were mostly used up by the primary pathologist and the study's reference pathology centre for histological confirmation of diagnosis, paraffin-embedded mediastinal lymph node metastases were procured for pretherapeutic p185<sup>neu</sup> assessment. Forty-six patients underwent surgical staging of mediastinal lymph nodes. Paraffin-embedded lymph node biopsies from 40 patients were available for histomorphological assessment. In seven out of 40 specimens, either the paraffin blocks available for examination revealed lymphatic tissue without a tumour, or the embedded tissue had been used up completely by the primary pathologist. From 33 patients, paraffin-embedded lymph node biopsies contained tumour tissue and were analysed for p185<sup>neu</sup> expression. This patient cohort was the subject of further analysis (table 1).

#### Treatment

Treatment consisted of two initial cycles of chemotherapy (second cycle started on day 22) with carboplatin 300 mg·m<sup>-2</sup> (day 1); ifosfamide 1,500 mg·m<sup>-2</sup> (days 1, 3, 5); and etoposide 100 mg·m<sup>-2</sup> (days 1, 3, 5). Granulocyte colony stimulating factor (300 µg) was given daily subcutaneously starting on day 6 until the leukocyte count exceeded 4,000 cells·µL<sup>-1</sup>. Three weeks after the start of the second cycle of chemotherapy, concurrent chemo- and radiotherapy were commenced. Two 1.5-Gy fractions per day, with an intertreatment interval of at least 6 h, were administered 5 days week<sup>-1</sup> to a total dose of 45 Gy (days 43-61). The target volume included the primary lesion with margins of 1.5 cm, and the ipsilateral hilum and ipsilateral mediastinum extending inferiorly 5 cm below the tracheal bifurcation with a margin of 0.5-1 cm. For N3 disease, the contralateral mediastinal lymph nodes, but not the contralateral hilum, were included with margins of 0.5 cm. Carboplatin (100 mg·m<sup>-2</sup>) and vindesine (3 mg absolute) were administered on days 43, 50, and 57. Five to 8 weeks after completion of combined chemoradiotherapy, patients who remained free of distant metastases were eligible for thoracotomy, with the aim of achieving complete resection of the tumour (resection margin microscopically

Table 1. – Pretreatment characteristics of patients with appropriate biopsies of mediastinal lymph node metastases for immunohistochemistry (n=33)

Characteristic	Number of patients	Percentage
Age yrs		
Median	57	
Range	37–67	
Male:female	30:3	
Performance status (ECOG)		
0	21	64
1	12	36
Histologic type		
Squamous type	24	73
Adenocarcinoma	9	27
TNM stage		
Total stage IIIA	20	61
T2N2M0	13	
T3N2M0	7	
Total stage IIIB	13	39
T4N2M0	4	
T2N3M0	4	
T3N3M0	5	

ECOG: Eastern Cooperative Oncology Group; TNM: tumour node metastasis.

free of tumour cells) and extensive mediastinal lymph node sampling. Patients who had an incomplete tumour resection or who were inoperable received further radiotherapy with conventional fractionation (16 Gy;  $5 \times 2$  Gy·week<sup>-1</sup>). The target volume included the primary lesion or the bronchial stump, the ipsilateral hilum and the mediastinum.

# Response assessment and follow-up

Prior to chemoradiotherapy the response to the initial chemotherapy was assessed by a thoracal CT scan and abdominal sonography. Preoperative assessment comprised laboratory profile, bronchoscopy, chest radiograph, bone scan, and CT scans of thorax, abdomen and head. The clinical response was assessed according to the guidelines of the South-West Oncology Group (SWOG) [14]. Follow-up examinations (laboratory profile, chest radiograph and abdominal sonography) were undertaken every 3 months during the first 2 yrs and thereafter every 6 months. CT scans of thorax and cranium were performed at 6, 12, 18 and 24 months after final staging.

# Immunohistochemistry and histological assessment

Immunohistochemical assessment of p185<sup>neu</sup> expression in paraffin-embedded mediastinal lymph node metastases, from biopsies at the primary staging, was performed. Using the alkaline phosphatase/anti-alkaline phosphatase (APAAP) method [15], the primary monoclonal mouse antibody 3B5 (Oncogene Science, Cambridge, MA, USA) was applied. Sections of 3–4 µm were cut, dewaxed and rehydrated through graded alcohols. Sections were incubated for 20 min at 90°C in target-unmasking fluid (TUF) solution (Dianova, Hamburg, Germany) diluted 1:3 in deionized water and then rinsed with Tris-buffered saline (5 mM Tris, 130 mM NaCl, pH 7.6). Subsequently,

426 M. THOMAS ET AL.

sections were reacted with the 3B5 primary antibody diluted 1:600 for 24 h at 4°C. After rinsing with Tris-buffered saline, sections were stained with monoclonal rabbit antimouse antibody (DAKO, Glostrup, Denmark) for 30 min, followed by incubation for 45 min with APAAP complex according to the manufacturer's recommendations (DAKO). Afterwards, staining-complex solution with neufuchsin was applied for 25 min and subsequently counterstained with Mayer's hemalaun (Merck, Darmstadt, Germany), washed in distilled water and mounted in glycerol/gelatin (Merck). In each batch, positive (breast cancer tissue) and negative (normal lung tissue) controls were included. Samples were considered positive if  $\geq 5\%$  of the tumour cells on the section showed membrane staining with the antibody. This analysis was performed at the study's reference pathology centre (Institute of Pathology, University Hospital Bergmannsheil, Bochum, Germany) as well as the evaluation of tumour regression in resection samples after surgery. Samples were assigned to the category "tumour regression >90%", when <10% tumour cells were present and to the category "tumour regression <90%", if >10% tumour cells were present [16].

#### Statistical analysis

Statistical analysis was performed using SAS for Windows 6.11 (SAS Institute, Cary, NC, USA). Progression-free survival curves and survival curves were calculated according to Kaplan and Meier [17], using the date of primary diagnosis (primary histology) as a baseline. Subsequently, curves were analysed using the log-rank test [18]. In calculating progression-free survival, progression of the disease or the death of the patient were scored as events. The four-field table Fisher exact test was used to assess the relationship between two variables each with two categories. To estimate the prognostic significance of covariables on progression-free survival, a multivariate analysis was performed by using the stepwise Cox regression model [19]. The significance in all statistical tests was set at p<0.05.

#### Results

Response to preoperative therapy and resectability

The response rate to chemotherapy was 12/33 patients (36%). One patient (stage IIIA), despite a completely regenerated blood profile, died at the start of the second cycle from primary disease (tumour bleeding due to vessel infiltration) and was scored as local tumour progression. After chemoradiotherapy, the response rate increased to 23/33 patients (70%), including four patients with a complete response. One patient had disease progression with brain metastases. Twenty-nine out of 31 patients eligible for surgery, underwent tumour resection and extensive mediastinal lymph node sampling. One patient (stage IIIB) was classified as inoperable during the preoperative restaging, and one patient (stage IIIA) was inoperable for medical reasons. In five patients, resection was incomplete, four had microscopic tumour tissue in the perimeter of the resection samples (R1) and one residual macroscopic tumour in the thorax (R2). The remaining 24 patients (24/33; 73%), 14 in stage IIIA and 10 in stage IIIB, were scored R0 (resection margin tumour-free). A discernible tumour regression >90% was noted in 20/29 (69%) of resection samples (IIIA 12/17; IIIB 8/12 patients). Of the 24 patients who scored R0, 17 displayed a degree of tumour regression >90%.

#### Pattern of relapse

Between diagnosis and the last follow-up, 21 patients experienced disease progression: six had both local progression and distant metastases; seven patients showed exclusively local progress of the disease; and eight had exclusively distant metastases. Metastases were recorded in the brain (three cases), bone (one), lung (three), lymph nodes (two), liver (three) and adrenal glands (two). One patient had multifocal metastases.

# Analysis of p185<sup>neu</sup> expression

Pretherapeutic p185<sup>neu</sup> expression was investigated in tumour-bearing paraffin-embedded lymph node biopsies (table 2). Positive staining was detected in eight cases, and seven of these patients developed distant metastases, in contrast to seven out of 25 negative cases. Expression of p185<sup>neu</sup> in mediastinal lymph node metastases did not depend on the clinical stage (IIIA *versus* IIIB) or histology (adenocarcinoma *versus* squamous-cell carcinoma). It was not predictive for a clinical response (complete response (CR)/partial response (PR) *versus* no change/progressive disease) to preoperative treatment, resectability (complete (R0) *versus* incomplete (R1/2) or no tumour resection) or the degree of tumour regression in resection specimens (>90% *versus* <90%) (Fisher exact test).

## Survival analysis

With a median follow-up time of 44 months, 10 patients remain alive today, two with and eight without relapse.

Table 2. – Pretherapeutic assessment of p185<sup>neu</sup> overexpression in available mediastinal lymph node biopsies according to stage, histological type and resectability

	p185 <sup>neu</sup> -staining	
	Positive	Negative
Biopsies available and tumour-bearing	33 (28)	
TNM stage		
III A	6 (5)	14 (11)
III B	2 (2)	11 (10)
III (total)	8 (7)	25 (21)
Histologic type	. ,	, ,
Squamous cell carcinoma	5 (4)	19 (15)
Adenocarcinoma	3 (3)	6 (6)
Resectability		
R0	7 (6)	17 (16)
Non-R0	1 (1)	8 (5)

Values are presented as number of patients, with the numbers of patients at risk for recurrence after complete therapy shown in parenthesis. TNM: tumour node metastasis; R0: complete tumour resection with microscopic tumour-free resection margins; Non-R0: comprises patients with unresectable disease or incomplete resection or refusal of surgery.

Twenty-three patients have died since study entry. In addition to the two therapy-associated fatalities due to pneumonitis and to bronchial stump insufficiency, progression of the disease was the cause of death in 19 patients. Six had distant metastases as well as local disease progression. Six died from distant metastases and seven from local disease progress. Two patients died of causes unrelated to disease progression: one, 23 months postoperatively from a myocardial infarction and the other, 9 months after surgery, from pulmonary embolism.

Median survival of the analysed patients was 22 months with 2- and 3-yr survival rates of 42% and 28%, respectively (fig. 1). Neither histological subtype (squamous versus adenocarcinoma), age (<60 versus >60 yrs), performance score (ECOG 0 versus ECOG 1) nor stage (IIIA versus IIIB) was related to survival (univariate analysis). However, p185<sup>neu</sup> expression in mediastinal lymph node metastases became apparent as a predictor for progression-free survival (p185<sup>neu</sup>-positive versus p185<sup>neu</sup>-negative: median, 10 versus 17 months; 2- and 3-yr rates, 13% and 0% *versus* 40% and 32%, respectively; p=0.047). Yet, for survival, this remained without significance (p= 0.17). Shorter progression-free survival of p185<sup>neu</sup>-positive patients resulted mainly from significantly shorter metastases-free survival (fig. 2), whereas p185<sup>neu</sup> expression had no predictive value for freedom from local progression (p=0.21). For progression-free survival, a multivariate analysis using performance score (ECOG 0 versus ECOG 1), stage (IIIA versus IIIB) and p185<sup>neu</sup> expression (p185<sup>neu</sup> positive versus p185<sup>neu</sup> negative) was performed. Whilst performance score and stage were eleminated, p185<sup>neu</sup> expression maintained an independent predictive value (p=0.047) for progression-free survival (risk ratio 2.3; 95% confidence interval 1.1-5.5).

A subanalysis on the impact of p185<sup>neu</sup> overexpression on progression-free survival was performed on 28 patients who were able to complete the therapy and did not die of any causes other than lung cancer. These patients met the following criteria: 1) patients did not die of therapy-associated fatalities (n=2); 2) patients did not die before therapy was completed (n=1); and 3) patients did not die of

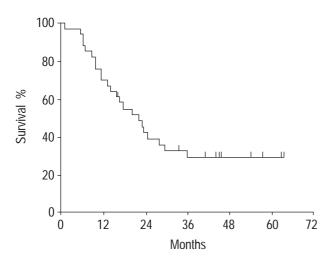


Fig. 1. – Per cent survival from time of diagnosis in patients with paraffin-embedded lymph node metastases available for immunohistochemistry (n=33). Median, 22 months; 2- and 3-year rates, 42% and 28%, respectively.

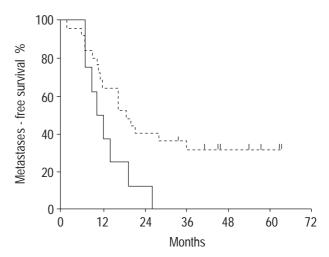


Fig. 2. – Per cent metastases-free survival from time of diagnosis by pretherapeutic p185<sup>neu</sup> overexpression in patients with paraffin-embedded lymph node metastases available for immunohistochemistry (n=33). Median, 11 *versus* 19 months; 2- and 3-year rates, 13% and 0% *versus* 40% and 32%, respectively; p=0.04). ——: p185 positive (n=8); - - -: p185 negative (n=25).

any causes other than lung cancer (n=2). Seven of these 28 patients stained positively, and 21 were negative (table 2). As seen above for all 33 patients, p185<sup>neu</sup> expression in mediastinal lymph node metastases was also of predictive value for progression-free survival (p=0.03) and resulted mainly from significantly shorter metastases-free survival (p=0.02). It was not due to any differences in freedom from local progression (p=0.15).

#### Discussion

In the present study, it was demonstrated for the first time that in patients with stage III NSCLC, detection of p185<sup>neu</sup> overexpression in mediastinal lymph node metastases prior to trimodality therapy was a significant predictor for shorter progression-free survival. This predictive feature resulted mainly from significant differences in metastases-free survival, even with neoadjuvant chemotherapy. In this context in NSCLC, a link between p185<sup>neu</sup> overexpression and both the enhanced metastatic propensity and the increased intrinsic chemoresistance has to be considered.

Thus, as an indication for enhanced metastatic propensity, a significant correlation between p185<sup>neu</sup> over-expression in resected squamous cell carcinomas and the occurrence of lymph node metastases has been reported [10]. Furthermore, by comparing metastasis-associated properties between the low p185<sup>neu</sup> expressing human cell line NCI-H 460 and its c-erbB-2 transfectants, experimental evidence that p185<sup>neu</sup> enhances metastatic potential in human lung cancer cells has been provided [20]. Thus, the enhanced metastatic propensity of p185<sup>neu</sup> overexpressing NSCLC is an indication for intensive systemic cytotoxic therapy in these tumours. However, *in vitro* testing of chemosensitivity in NSCLC cell lines, established from previously untreated patients revealed c-erbB-2 overexpression as a marker for multidrug chemoresistance in encountered cell lines [21]. Moreover, in the cell line NCI-H 460 with low constitutive expression of p185<sup>neu</sup>,

428 M. THOMAS ET AL.

significantly enhanced multidrug chemoresistance could be induced by c-erbB-2 transfection [22]. Furthermore, experimental evidence was provided that caffeine enhances the chemosensitivities of high-p185<sup>neu</sup> expressing NSCLC cell lines to anticancer agents and that the magnitude of enhancement correlates with the level of p185<sup>neu</sup> [23]. Caffeine is known to override the cell-cycle arrest triggered by deoxyribonucleic acid (DNA) damaging agents [24], thereby eleminating the presumed opportunity for DNA repair during this arrest [25]. This gives rise to the speculation that, in states of high p185<sup>neu</sup> expression, for cytotoxic agents interfering substantially with DNA repair, sufficient cytotoxicity could be expected [26]. The link between p185<sup>neu</sup> overexpression with enhanced metastatic propensity and increased intrinsic chemoresistance in NS-CLC cell lines is suggestive of a demand for a highly effective cytotoxic treatment in these cases.

In the present study, pretherapeutic proof of p185<sup>neu</sup> overexpression in mediastinal lymph node metastases was predictive of a shorter progression-free survival, due to the significantly shorter metastases-free survival of these patients. Given the small sample size and the predominance of squamous cell carcinomas in this patient cohort, the results must be interpreted cautiously. Yet, it can be speculated that in a larger patient population with pre-therapeutic p185<sup>neu</sup> analysis available before trimodality therapy, the same predictive effect will probably become apparent with a significant impact on survival. Indeed, in patients with resectable disease, several reports point to the association of p185<sup>neu</sup> overexpression with significantly shorter survival [8, 9, 11, 12]. A multivariate analysis using p185<sup>neu</sup> expression, performance score and stage, revealed p185<sup>neu</sup> expression in the present study as an independent predictor for progression-free survival. Moreover pretherapeutic p185<sup>neu</sup> overexpression did not correlate with clinical stage, histology, clinical response, resectability or degree of tumour regression in resection specimens, even though most of these factors have been shown to be predictive of the survival of NSCLC patients after conventional treatment. This gives rise to the assumption that with larger patient numbers, p185<sup>neu</sup> overexpression might appear to be a strong independent prognostic factor in the multimodality treatment setting, even more so since, in resectable disease, p185<sup>neu</sup> overexpression of the tumour has been shown to be an independent prognostic factor for postoperative treatment outcome [8, 11–13]. Additionally it has to be considered that with multimodality treatment, some of these factors mentioned may be no longer of prognostic significance. Thus, in the SWOG phase II trial 8805 [3], with preoperative chemoradiation, the prognostic value of stage, for example, was lost.

The predictive feature of pretherapeutic p185<sup>neu</sup> overexpression in the neoadjuvant multimodality treatment setting suggests considering this parameter in further trials on neoadjuvant or adjuvant therapy in non-small cell lung cancer. When the prognostic impact of p185<sup>neu</sup> in such trials with larger patient numbers is confirmed, this may contribute to the identification of stratification variables for future treatment strategies of non-small cell lung cancer. Besides encompassing further tumour-associated prognostic features [5], this approach could possibly be used to withhold ineffective therapy, thus improving the quality of life, or to select patients for a modified and more effective treatment, thus improving their survival. There is experimental evidence that selective tyrosine kinase inhibitors preferentially inhibiting p185<sup>neu</sup> activity may increase the cytotoxicity of chemotherapy and contribute to more effective treatment in non-small cell lung cancer patients with p185<sup>neu</sup>-positive tumours [27]. Moreover, documented recent reports on p185<sup>neu</sup> as a biological target for novel treatment strategies with humanized monoclonal antibodies showed the efficacy of this approach in patients with breast cancer expressing high levels of p185<sup>neu</sup> [28, 29]. Although preliminary, these results give rise to the speculation that the adoption of such therapies in patients with p185<sup>neu</sup> overexpressing non-small cell lung cancer may provide new and effective therapeutic options for this group of patients.

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