



# Predictors of mortality for patients with COVID-19 pneumonia caused by SARS-CoV-2

*To the Editor:*

As an emerging infectious disease, coronavirus disease 2019 (COVID-19) pneumonia, which is caused by the novel severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has resulted in a severe global public health emergency. According to the World Health Organization (WHO) COVID-19 epidemic interactive dashboard, as of 19 June 2020, there have been 8 385 440 confirmed cases all over the world, including 450 686 deaths. Under such urgent conditions, it is of great clinical significance to distinguish patients with poor clinical outcome (such as severe, critical or death) from within the large number of patients with COVID-19 using regular parameters (such as demographic data, past health history, and common laboratory examination results). Du *et al.* [1] performed a single centre prospective cohort study to investigate the possible risk factors associated with the poorest clinical outcome (dying from COVID-19 pneumonia). They reported that age  $\geq 65$  years, pre-existing concurrent cardiovascular or cerebrovascular diseases, CD3+CD8+ T-cells  $\leq 75$  cells  $\mu\text{L}^{-1}$  and cardiac troponin I  $\geq 0.05$  ng  $\text{mL}^{-1}$  in patients with COVID-19 pneumonia were associated with increased risk of death from this disease [1]. They further identified that CD3+CD8+ T-cells  $\leq 75$  cells  $\mu\text{L}^{-1}$  and cardiac troponin I especially  $\geq 0.05$  ng  $\text{mL}^{-1}$  could be used as predictors for mortality of patients with COVID-19 pneumonia using a matched case-control study [1]. With great interest, we have read the full text of the paper and found that there are several issues which are worth clarifying.

First, both in the Abstract and Results sections, Du *et al.* [1] reported that pre-existing cardiovascular or cerebrovascular diseases in patients with COVID-19 pneumonia was associated with elevated risk of dying from this disease using multivariate logistic regression analysis, with odds ratio and 95% confidence interval being equal to 2.464 (0.755–8.044) and p-value being equal to 0.007. Obviously, the 95% confidence interval includes 1, indicating that the estimated population odds ratio is possible to be equal to 1. According to the principle of statistics, the conclusion made from parameter estimation and hypothesis test should be consistent. In other words, if the p-value for odds ratio of pre-existing cardiovascular or cerebrovascular disease is 0.007, the lower limit of the 95% confidence interval should at least be more than 1, considering this factor is risk one for poor clinical outcome. Thus, we suggest that the authors should check the data and to ascertain whether there were typographical errors or an incorrectly interpreted statistical result.

Second, in the Methods section, Du *et al.* [1] state “The information for all patients, including demographic data, clinical characteristics, laboratory parameters and outcomes, were collected prospectively.” And in the Results section, the authors showed the summary statistics for demographic data, life sign data and laboratory examination data in tables 1 and 2 of their original article [1]. However, the authors did not denote definitively, in the summary statistics for laboratory findings and life sign data, on which time of the patients’ examination the results were based. In clinical practice, it is common that one patient with COVID-19 pneumonia receives laboratory examinations (such as blood regular test) several times, and the results of the same test for the same patient may be different from one time to another.



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There are several issues which are worth clarifying in the paper “Predictors of mortality for patients with COVID-19 pneumonia caused by SARS-CoV-2: a prospective cohort study” published in the *European Respiratory Journal* <https://bit.ly/336rv2Y>

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Third, in the Discussion section, the authors state “As of midnight on 24 March 2020, the numbers of Chinese confirmed COVID-19 pneumonia cases and deaths were 81 218 and 3281, respectively, indicating that the overall death rate from COVID-19 pneumonia was 4%.” Obviously, the so-called overall death rate of 4% was calculated using the formula: number of cumulative deaths/cumulative number of confirmed cases, *i.e.* 3281/81218. This simple formula is problematic, especially considering the COVID-19 epidemic was ongoing then. As such there was still a certain proportion of COVID-19 patients (confirmed on or before 24 March 2020) whose clinical outcomes were unknown. As the authors said in the latter part of their Discussion section, “On 24 March 2020, China had 4287 current cases with confirmed COVID-19 pneumonia, and 1399 (32.6%) of them were very severe cases.” We think that using case fatality rate (CFR) to replace death rate or mortality rate in the Discussion section of the report by Du *et al.* [1] is appropriate. Death rate or mortality rate of a certain disease is often defined as the ratio of deaths from a certain disease in an area to the population of that area. CFR refers to the proportion of cases who eventually die from the disease. To estimate the CFR of COVID-19 pneumonia, Du *et al.* [1] can refer to the methods proposed by GHANI *et al.* [2].

Taken together, the findings of the study reported by Du *et al.* [1] are of great significance, though some possible error and inappropriate expression were found. We hope our comments will be helpful to improve the expression and increase the quality of the published paper.

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- 2 Ghani AC, Donnelly CA, Cox DR, *et al.* Methods for estimating the case fatality ratio for a novel, emerging infectious disease. *Am J Epidemiol* 2005; 162: 479–486.

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## From the authors:

We appreciate the thoughtful comments of H-J. Yang and co-workers in their correspondence addressing the predictors of mortality for patients with coronavirus disease 2019 (COVID-19) pneumonia caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). Their comments are very helpful to improve the expression and increase the quality of our paper [1].

We agree that the first question of the 95% confidence interval of pre-existing cardiovascular or cerebrovascular diseases was incorrect. Since all indicators are in the multivariate logistic regression analysis, the 95% confidence intervals of the other three indicators are modified. We have corrected the 95% confidence intervals for age  $\geq 65$  years, pre-existing concurrent cardiovascular or cerebrovascular diseases,  $CD3^+CD8^+$  T-cells  $\leq 75$  cells· $\mu\text{L}^{-1}$  and cardiac troponin I  $\geq 0.05$  ng·mL<sup>-1</sup> in a revised version of the table according to the the author correction notice in this issue of the *European Respiratory Journal*. Many studies have found the same results, that prevalent cardiovascular disease is associated with higher mortality and severity of COVID-19 [2–4]. Furthermore, SHI *et al.* [5] found that patients with cardiac injury (elevated TnI) have a worse prognosis, suggesting specific target organ damage by SARS-CoV-2. Our findings were likely to be generalisable to other populations worldwide.



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**Author response to the correspondence regarding “Predictors of mortality for patients with COVID-19 pneumonia caused by SARS-CoV-2: a prospective cohort study”** <https://bit.ly/31X8cal>

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We completely agree with H-J. Yang and co-workers that in clinical practice, a patient may undergo some laboratory examinations (such as blood regular test) several times, and the results of the same test for the same patient may be different from one time to another. The information for all patients, including demographic data, clinical characteristics, laboratory parameters and outcomes, were collected prospectively upon hospital admission in our study. We further add the time of that laboratory parameters were obtained in the methods.

Overall death rate is the ratio of the number of dead individuals in a certain period to the average population number in the same period. The main difference between overall death rate and case fatality rate (CRF) is that overall death rate refers to the frequency of death from a certain disease at a certain time, while CRF is used to describe the severity of a certain disease. We have carefully studied the methods for estimating the case fatality ratio for a novel, emerging infectious disease [6]. As of midnight on 24 March 2020, the numbers of Chinese confirmed COVID-19 pneumonia cases were 81218 and deaths were 3281. The confirmed case fatality rate was calculated using the formula: number of cumulative death/cumulative number of confirmed cases. We consent that the overall death rate from COVID-19 pneumonia is an incorrect expression. So, the overall death rate has been corrected to “confirmed case fatality rate”.

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