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# The pharmacogenomics of inhaled corticosteroids and lung function decline in COPD

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**Genetic variants are associated with the effect of inhaled corticosteroids on long-term lung function decline in COPD patients. These variants may provide new insight on the potential biology of steroid responsiveness in COPD.** <http://bit.ly/2Ua7n9F>

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**ABSTRACT** Inhaled corticosteroids (ICS) are widely prescribed for patients with chronic obstructive pulmonary disease (COPD), yet have variable outcomes and adverse reactions, which may be genetically determined. The primary aim of the study was to identify the genetic determinants for forced expiratory volume in 1 s (FEV<sub>1</sub>) changes related to ICS therapy.

In the Lung Health Study (LHS)-2, 1116 COPD patients were randomised to the ICS triamcinolone acetonide (n=559) or placebo (n=557) with spirometry performed every 6 months for 3 years. We performed a pharmacogenomic genome-wide association study for the genotype-by-ICS treatment effect on 3 years of FEV<sub>1</sub> changes (estimated as slope) in 802 genotyped LHS-2 participants. Replication was performed in 199 COPD patients randomised to the ICS, fluticasone or placebo.

A total of five loci showed genotype-by-ICS interaction at  $p < 5 \times 10^{-6}$ ; of these, single nucleotide polymorphism (SNP) rs111720447 on chromosome 7 was replicated (discovery  $p = 4.8 \times 10^{-6}$ , replication  $p = 5.9 \times 10^{-5}$ ) with the same direction of interaction effect. ENCODE (Encyclopedia of DNA Elements) data revealed that in glucocorticoid-treated (dexamethasone) A549 alveolar cell line, glucocorticoid receptor binding sites were located near SNP rs111720447. In stratified analyses of LHS-2, genotype at SNP rs111720447 was significantly associated with rate of FEV<sub>1</sub> decline in patients taking ICS (C allele  $\beta$  56.36 mL $\cdot$ year<sup>-1</sup>, 95% CI 29.96–82.76 mL $\cdot$ year<sup>-1</sup>) and in patients who were assigned to placebo,

although the relationship was weaker and in the opposite direction to that in the ICS group (C allele  $\beta -27.57 \text{ mL}\cdot\text{year}^{-1}$ , 95% CI  $-53.27 - -1.87 \text{ mL}\cdot\text{year}^{-1}$ ).

The study uncovered genetic factors associated with FEV<sub>1</sub> changes related to ICS in COPD patients, which may provide new insight on the potential biology of steroid responsiveness in COPD.