1 Online Data Supplement

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3 Obesity Alters Oestrogen Metabolism and Contributes to Pulmonary Arterial
4 Hypertension.

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- Kirsty M Mair¹, Katie Y Harvey¹, Alasdair D Henry, Dianne Z Hillyard¹, Margaret
 Nilsen¹, Margaret R. MacLean¹.
- ⁸ ¹Institute of Cardiovascular and Medical Sciences, College of Medical and Veterinary
- 9 Science, University of Glasgow, Glasgow, UK.

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1 Supplemental Methods

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3 Ethical Information

All animal procedures conform to the Animals (Scientific Procedures) Act 1986,
ARRIVE guidlines and the *Guide for the Care and Use of Laboratory Animals*published by the US National Institutes of Health (NIH publication No. 85–23, revised
1996).

8

9 Animals

Male and female C57BL/6JOIaHsd mice, B6.V-Lep^{ob}/Lep^{ob}/OIaHsd (ob/ob) mice aged 6-8 weeks and their lean litter-mates (B6.V-(lean)/OIaHsd) (aged 6-8 weeks) were obtained from Envigo, UK. Rodents were housed in a 12-hour light-dark cycle with access to food and water ad libitum. Animals were housed together to promote synchronisation of the estrous cycle. All animal experiments and subsequent analysis were carried out in a blinded fashion.

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17 Obesity and High fat Diet (HFD)

We chose to study mice so we could compare transgenically-induced PH with thatproduced by HFD.

20 Ob/ob mice are leptin deficient and exhibit obesity from 4-5 weeks of age.

C57BL/6JOlaHsd mice were maintained on normal (BK001 Breeder and Grower diet,
Special Diet Services, UK) or HFD (829100 Western RD, percentage calories from fat
42%, protein 15 %, carbohydrate 43%; Special Diet Services, UK) for 20 weeks.
During this time, animals were monitored weekly for weight gain and display a

significant increase in body weight over their normal diet controls by 7-weeks post
commencement of HFD (Figure S1).

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4 In Vivo Effects of Anastrozole in obese mice hypoxic PH

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Hypoxia was the model of choice as mice do not develop monocrotailne-induced PH
or reproducible robust sugen/hypoxic PH.

8 The ability of anastrozole to attenuate the development of PH in hypoxic obese ob/ob and HFD mice was assessed. Ob/ob mice and their lean controls were maintained in 9 hypoxia for 14 days to induced PH. During this time they were administered once 10 11 daily with the aromatase inhibitor, anastrozole (Tocris), 3 mgkg⁻¹ or vehicle (1% carboxymethylcellulose) (i.p.). We have previously established that 3 mgkg⁻¹ of 12 anastrozole is the optimum therapeutic dose in mice and rats (1). Following 20 weeks 13 on HFD, C57BL/6JOlaHsd mice were also subjected to hypoxia for 14 days and the 14 effects of anastrozole 3 mgkg⁻¹ or vehicle, once daily (i.p.), on the development of PH 15 assessed. Age-matched mice housed in normoxic conditions were studied as 16 controls. Both male and female mice were assessed to determine the effects of 17 gender. *n*=6-10 mice per experimental group. 18

19 In Vivo Effects of 2,2',4,6'-tetramethoxystilbene (TMS) in obese mice

Male ob/ob mice and their lean litter-mates were housed in normoxic conditions for 14 days. During this time the mice were dosed once daily with i.p. injections of the CYP1B1 inhibitor TMS 3 mgkg⁻¹day⁻¹ or vehicle (4% ethanol). n=8 mice per experimental group were studied.

1 Haemodynamic pressure measurements in mice

Right ventricular systolic pressure was measured by right heart catheterization through
the right jugular vein using a 1035 Millar pressure–conductance catheter. Mean
systemic arterial pressure was assessed by placement of the catheter in the right
carotid artery. Data was recorded using a MPVS-300 System (Millar, Houston, TX)
and LabChart7 Software (ADInstruments, UK).

7

8 Right Ventricular Hypertrophy

9 Right ventricular hypertrophy (RVH) in mice was assessed by weight measurement of
10 the right ventricular free wall and left ventricle plus septum. The ratio expressed is
11 RV/LV+S.

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13 Lung Histopathology

5µm lung sagittal sections were stained with elastic Van Gieson and pulmonary arteries (<80 µm external diameter) microscopically assessed for degree of muscularisation in a blinded fashion, as previously described (2). Remodelled arteries were confirmed by the presence of double-elastic laminae. Briefly, percentage remodelling (percent of remodelled vessels) was defined for each animal by the number of remodelled vessels divided by the total number (≥80 per lung) of vessels observed in the lung. Images were captured using a Zeiss Axio Imager M1.

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22 Right Ventricle Histopathology

5µm transverse sections of the heart were stained with Picrosirius red. Images were
captured using an EVOS XL Core Cell Imaging System, Thermofischer, UK and edited
using Microsoft Image Composite Editor.

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1 Measurement of E2, DHEA-S, testosterone and 16αOHE1 ELISA

Circulating estradiol (E2) was quantified in plasma using a Mouse/Rat Estradiol ELISA
(Calbiotech, USA), following the manufacturer's instructions. Plasma DHEA-S levels
were also determined using ELISA (Calbiotech, USA). Circulating testosterone levels
were quantified in plasma by ELISA following the manufacturer's instructions (R&D
systems, UK). Urinary 16αOHE1 was determined by ELISA (Demeditec Diagnostics,
Germany).

8

9 Isolation and Culture of Mouse Pulmonary Artery Smooth Muscle cells (mPASMCs)

mPASMCs wear isolated from third order pulmonary arteries of male lean and ob/ob
mice as described previously (3). Cells were cultured in Dulbecco's Modified Eagle
Medium (DMEM; Gibco, UK) supplemented with antibiotic antimycotic (AA) solution
(containing 0.25µg/ml amphotericin B; 100U/ml penicillin; 100µg/ml streptomycin;
Sigma-Aldrich, UK) and 10% (v/v) fetal bovine serum (Sera Laboratories International,
West Sussex, UK).

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17 Preparation of visceral adipose tissue conditioned media (VAT-CM)

Visceral adipose tissue (VAT) was isolated from ob/ob male mice, washed in PBS and cut in to 2mm chunks. The VAT was then incubated in phenol red free DMEM (no FBS, 5%AA) in a T-75 tissue culture flask for 24 hours at 37°C in 5% CO₂ in the presence or absence of ANA (100nM) or TMS (100nM). During this time the flask was gently shaken at regular intervals. Following the 24-hour incubation the resultant VAT-CM was filtered using filtered suing a 100µm cell strainer to remove any debris, aliquoted, and stored at -80°C. Cell culture media was incubated with visceral adipose tissue at a ratio of 1g of tissue per 10ml of media. VAT-CM was diluted 1:3 prior to
use.

3

4 Assessment of Cell Proliferation

5 Cells were grown to 60% confluence in 12-well plates before serum deprivation for 24 6 hours in 1% fetal bovine serum in phenol-red free DMEM prior to experiments to render 7 them quiescent. Following stimulation, cells were washed, trypsinized and the cell 8 pellet collected by centrifugation at 4900G for 3 minutes. The pellet was then 9 resuspended in 15µl PBS. Immediately prior to counting 15 µl of 0.4% trypan blue 10 solution was added to the suspension and the number of live cells assessed using a 11 Countess II FL cell counter, Life Technologies, UK.

12

13 Quantitative Reverse Transcription–Polymerase Chain Reaction

mRNA expression was assessed in the lungs, VAT and RV of mice by quantitative 14 reverse transcription-polymerase chain reaction. At necropsy, tissue from each rodent 15 was removed and snap frozen. RNA was then extracted from the tissue and gene 16 expression quantified using TaqMan® gene expression assays (assay details shown 17 in online supplemental Table S1). ViiA7 Real-time PCR system (Applied Biosystems) 18 19 was programmed for PCR conditions 95oC for 10 minutes followed by 50 cycles of 950 C for 15 seconds and 600 C for 1 minute. Results were normalised to TATA-20 binding protein (tbp). The fold change for every gene was obtained using the 2- $\Delta\Delta$ Ct 21 method and expressed relative to lean control as appropriate. 22

1 Immunoblotting

Protein expression was assessed in whole lung and mPASMC lysates. Briefly, lung 2 tissue was homogenised in radioimmunoprecipitation assay (RIPA) buffer via 3 homogenization using a TissueLyser II, Quiagen, UK. mPASMCs were grown in 6 4 well plates. Following stimulation, cell culture media was removed, the cell mon-layer 5 washed and RIPA buffer added prior to scraping of cells from the well. Samples were 6 7 denatured and electrophoresed on SDS-PAGE gel. The protein concentrations of each sample were determined by BCA assay and equal concentrations for each sample 8 9 were loaded per well. Separated proteins were transferred to PVDF membrane and incubated for 1 hour with 5% milk/TBST (w/v) before incubating overnight at 4°C with 10 antibodies against aromatase, CYP1B1 and GAPDH. Aromatase, CYP1B1, PCNA 11 12 and GAPDH molecular weights were detected at 55, 61, 29 and 39 kDa, respectively. Densitometric analysis was performed with TotalLab TL100 software. Data are 13 expressed relative to GAPDH density. Representative immunoblots are cropped from 14 full length blots. For details of primary antibodies used see Table S2. In some 15 instances, blots were initially probed for one protein of interest then subsequently 16 17 stripped and re-probed for other proteins including loading controls.

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19 Protein tyrosine phosphatase oxidation (Oxy-PTP) assessment

Irreversible oxidation of protein tyrosine phosphatases (PTPs) was assessed by immunoblotting using an antibody that specifically recognizes the sulfonic acid form of PTP cysteine residues (anti-Ox-PTP; 1:2000 dilution, R&D Systems). Following treatment, the sample is alkylated using N-ethylmaleimide (NEM; 1mmol/L) to protect reduced cysteines. The sulfonic acid form is detected using the Ox-PTP antibody by immunoblotting as previously described (4).

1 Reactive Oxygen Species Determination in Lung Sections by Immunofluorescence Immunohistochemistry of the reactive oxygen species (ROS) marker 8-2 hydroxyguanosine (8-OHG) was determined in the lungs of lean and ob/ob male and 3 4 female mice and chow and HFD fed male and female mice, treated with aromatase inhibitor, anastrozole, or vehicle. Briefly, sections were deparaffinised in a xylene-5 ethanol-water gradient. Antigen retrieval was performed by boiling slides in EDTA (pH 6 8.0) for 15 minutes before a 1-hour incubation in a humidified chamber at room 7 temperature with 10% donkey serum/1% bovine serum albumin in 1x TBS-T to block 8 9 non-specific binding. Sections were incubated with anti- 8-OHG overnight at 4°C (5 µg/mL, ab10802, Abcam). For identification of 8-OHG-positive cells, sections were 10 incubated with Alexa-fluor-488-conjugated donkey anti-goat secondary antibody (A-11 11055, Molecular Probes, Life Technologies, UK) for 45 minutes at room temperature 12 in the dark. Lipofuscin-mediated auto-fluorescence was removed with 0.1% Sudan 13 Black B (Sigma-Aldrich) in methanol w/v for 10 minutes. Slides were mounted with 14 Pro-Long Gold anti-fade mounting media containing DAPI (4',6-diamidino-2-15 phenylindole; P-36931, Molecular Probes, Life Technologies). Fluorescence imaging 16 was measured in an Axiovert 200M microscope with a laser-scanning module LSM 17 510 (Carl Zeiss, Germany). DAPI was excited at 405nm and Alexa-Fluor 488 at 18 19 488nm. Images were captured with the LSM 510 Zen evaluation software (Zeiss, UK).

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Figure S1. Weight gain of normal diet and high fat diet fed (HFD) mice. Male
C57BL/6JOlaHsd mice were maintained on normal (BK001 Breeder and Grower diet,
Special Diet Services, UK) or HFD (829100 Western RD, percentage calories from fat
42%, protein 15 %, carbohydrate 43%; Special Diet Services, UK) for 20 weeks.
Graph shows weight gain in these animals over a 20 week period. *n=10* per group. *
p<0.05, **p<0.01, ***p<0.001, as determined by two-way ANOVA with Bonferroni post-
hoc tests.

Figure S2. Characterisation of aromatase expression in visceral adipose tissue (VAT) from HFDmice. Representative immunoblots and quantification of aromatase protein expression in VAT from (*a*) maleand (b) female lean and high fat diet fed (HFD) mice. Data are displayed as mean \pm SEM, *n*=3 per group. ** p<0.01 as determined by unpaired, two-tailed test. GAPDH = glyceraldehyde phosphate dehydrogenase.

Figure S3. Effects of aromatase inhibition on mean systemic arterial pressure (mSAP), left ventricle plus septum (LV+S) weight and LVEDP in ob/ob . Male mice: Effects of the aromatase inhibitor, anastrozole (ANA), 3 mgkg⁻¹day⁻¹ for 14 days on (a) mSAP, (*b*) LV+S weight and (c) left ventricular end diastolic pressure (LVEDP) in male lean and ob/ob mice. Female mice: Effects of the aromatase inhibitor, anastrozole (ANA), 3 mgkg⁻¹day⁻¹ for 14 days on (d) mSAP, (*e*) LV+S weight and (f) LVEDP in female lean and ob/ob mice. Data are displayed as mean ± SEM, (n=3-6 per group). 1 Figure S4. Effect of obesity and anstrozole (ANA) treatment on markers of fibrosis and heart failure in the right ventricle (RV). Relative gene expression levels of (a) 2 connective tissue growth factor (CTFG), (b) fibronectin (FN1), (c) natriuretic peptide 3 4 type A (NPPA) and (d) natriuretic peptide type B (NPPB) in RV tissue male lean and ob/ob mice treated with or without anastrozole. (e) Picrosirius Red staining in RV of 5 male and female lean and ob/ob mice treated with and without ANA. Images shown 6 are representative. Scale bar (-) represents 500µm. Gene expression levels are 7 normalized to TATA-binding protein (tbp). All data are expressed as mean ± SEM 8 9 (n=3-5 per group).

Figure S5. Inhibition of aromatase attenuates parameters of pulmonary hypertension 10 in high fat diet fed (HFD)mice. **Male:** Effects of the ANA, 3 mgkg⁻¹day⁻¹ for 14 days on 11 12 (a) RVSP (n=5-10 per group), (b) RVH (n=5-10 per group) (as determined by RV/LV+S ratio) and (c) the % of remodelled pulmonary arteries (n=5 per group) in 13 normoxic and hypoxic male HFD mice. (d) Representative images of pulmonary 14 arteries from normoxic and hypoxic male HFDmice treated with or without anastrozole, 15 3 mgkg⁻¹day⁻¹ (Scale bar (-) = 50μ m). **Female:** Effects of the ANA, 3 mgkg⁻¹day⁻¹ for 16 17 14 days on (e) RVSP (n=5-7 per group), (f) RVH (n=5-7 per group) (as determined by RV/LV+S ratio) and (g) the % of remodeled pulmonary arteries (n=5 per group in 18 19 normoxic and hypoxic female HFD fed mice. (h) Representative images of pulmonary 20 arteries from normoxic and hypoxic female HFD mice treated with or without anastrozole, 3 mgkg⁻¹day⁻¹ (Scale bar (-) = 50μ m). Data are displayed as mean ± 21 SEM. *p<0.05, ** p<0.01 and *** p<0.001 as indicated, determined by one-way 22 ANOVA with Bonferroni post-test. RV/LV+S = right ventricle/left ventricle + septum.23

Figure S6. Effects of aromatase inhibition on mean systemic arterial pressure (mSAP), left ventricle plus septum (LV+S) weight and LVEDP in high fat diet fed (HFD)

mice . Male mice: Effects of the aromatase inhibitor, anastrozole (ANA), 3 mgkg⁻¹
¹day⁻¹ for 14 days on (a) mSAP, (b) LV+S weight and (c) left ventricular end diastolic
pressure (LVEDP) in male lean and HFD mice. Female mice: Effects of the
aromatase inhibitor, anastrozole (ANA), 3 mgkg⁻¹day⁻¹ for 14 days on (d) mSAP, (*e*)
LV+S weight and (f) LVEDP in female lean and HFD mice. Data are displayed as
mean ± SEM, (n=3-6 per group).

Figure S7. Effects of aromatase inhibition on body weight in ob/ob and high fat diet 7 fed (HFD) mice. Male mice: Effects of the aromatase inhibitor, anastrozole (ANA), 3 8 mgkg⁻¹day⁻¹ for 14 days on body weight in (a) ob/ob and (b) HFD fed mice (n=5-109 per group). Female mice: Effects of the aromatase inhibitor, anastrozole (ANA), 3 10 mgkg⁻¹day⁻¹ for 14 days on body weight in (c) ob/ob and (d) HFD fed mice (n=5-1011 per group). Data are displayed as mean ± SEM. *p<0.05 and ***p<0.001 as indicated, 12 determined by one-way ANOVA with Bonferroni post-hoc test. Figure S8. Plasma 13 oestrogen (E2) in high fat diet fed (HFD)mice. 14

Circulating plasma E2 levels in (a) male(n= 5-10 per group),and (b) female normoxic and hypoxic lean and HFD fed mice (n=5 per group) treated with or without anastrozole 3 mgkg⁻¹day⁻¹. Data are displayed as mean ± SEM. *p<0.05 and ***p<0.001 as indicated, determined by one-way ANOVA with Bonferroni post-hoc test.

Figure S9. Uterus weights and testosterone levels in obese mice. Uterus weights in (a) normoxic lean and ob/ob mice (n= 5-10 per group) and (d) hypoxic lean and HFD fed mice (n=4-8 per group) treated with or without anastrozole 3 mgkg⁻¹day⁻¹. Circulating plasma testosterone levels in (c) normoxic and hypoxic lean and ob/ob mice (n=3-8 per group) and (d) normoxic and hypoxic lean and HFD fed mice (n=5-9 per group) treated with or without anastrozole 3 mgkg⁻¹day⁻¹. Data are displayed as

mean ± SEM. *p<0.05, ** p<0.01 and *** p<0.001 as indicated, determined by one-
way ANOVA with Bonferroni post-test.

Figure S10. Characterisation of changes in CYP1B1 expression in visceral adipose 3 tissue (VAT) and 16a-hydroxyestrone (16aOHE1) levels in lean versus high fat diet 4 fed (HFD) mice. Representative immunoblot and guantification of CYP1B1 protein 5 expression in VAT from (a) male and (b) female normal diet and high fat diet 6 (HFD) mice. Data are displayed as mean \pm SEM, *n*=3-4 per group. * p<0.05 as 7 indicated, determined by two-tailed, unpaired t test GAPDH = glyceraldehyde 8 phosphate dehydrogenase. Urinary $16\alpha OHE1$ levels in (c) maleand (d) female normal 9 10 diet and HFD mice. Data are displayed as mean \pm SEM, (n=5-7 per group). ** p<0.01 and *** p<0.001 as indicated, determined by one-way ANOVA with Bonferroni 11 post-test. 12

Figure S11. Effects of aromatase inhibition on obesity-induced changes in oxidant 13 and antioxidant damage in mouse lung. (a) Relative gene expression levels of (a) 14 superoxide dismutase 1 (SOD1), (b) catalase and (c) NOX4 in whole lung from male 15 lean and ob/ob mice treated with or without anastrozole. Relative gene expression 16 levels of (d) superoxide dismutase (SOD1) and € catalase in whole lung from female 17 18 lean and ob/ob mice treated with or without anastrozole. Gene expression levels are normalised to TATA-binding protein (tbp). All data are expressed as mean ± SEM 19 (n=3-8 per group). *p<0.05, ** p<0.01 and *** p<0.001 as indicated, determined 20 by one-way ANOVA with Bonferroni post-test of normoxic and hypoxic groups 21 independently. 22

Figure S12. Expression of antioxidant enzymes in visceral adipose tissue (VAT) from male lean and obese mice. Relative gene expression levels of (a) superoxide dismutatse 1 (SOD1), (b) catalase and (c) glutathione peroxidae (GPX1) in VAT from

male lean and ob/ob normoxic mice treated with or without anastrozole (ANA). Gene
expression levels are normalised to TATA-binding protein (tbp). All data are expressed
as mean ± SEM (n=5-6 per group). ** p<0.01 as indicated, determined by one-way
ANOVA with Bonferroni post-test.

5 Figure S13.

6 Summary of results in high fat diet obese mice. Where inhibition by anastrozole (ANA) is 7 indicated this suggests dependency on endogenous oestrogen (E2). Pulmonary hypertension 8 (PH) was not evident in normoxic lean (normal diet) males or females. Obese males and 9 females developed significantly more pulmonary vascular remodelling (PVR) than lean males. 10 In the hypoxic male obese mice, endogenous E2 contributed to elevations in all parameters 11 of PH in males. In females, ANA only decreased right ventricular systolic pressure (RVSP) and had no effect on right ventricular hypertrophy (RVH) and PVR. There was a decrease in 12 plasma E2 with an increase in urinary 16aOHE1 in male HFD obese mice and visceral adipose 13 14 tissue (VAT) aromatase and CYP1B1 expression was increased.





























f)









b)



d)







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b)

a)

٦00 -

80

60

40

20

0.

Uterine weight (mg)



d)







d)



Figure S10

C)



lean

ob/ob

+ ANA

+ ANA

lean

ob/ob

ob/ob

lean

+ ANA

+ ANA







b)



d)

ob/obob/ob + ANA



1 **References**

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Gene	Assay ID		
Catalase	Mm00437992_m1		
Connective tissue growth factor (CTGF)	Mm01192933_g1		
Fibronectin (FN-1)	Mm01256744_m1		
Glutathione Peroxidase (Gpx1)	Mm00656767_g1		
Nox4	Mm00479246_m1		
NPPA	Mm01255747_g1		
NPPB	Mm01255770_g1		
Superoxide Dismutase 1 (SOD1)	Mm1344233_g1		
TATA binding protein (tbp)	Mm1277042_m1		

Table S1. TaqMan® gene expression assays purchased from Thermofischer, UK.

Antibody	Type (Clone)	Source (catalogue number)	Dilution used
Aromatase	Rabbit Polyclonal IgG	Sigma (SAB4500606)	1:1000 in 5%BSA/TBST
CYP1B1	Rabbit monoclonal	Abcam	1:2500 in
	[EPR14972]	(Ab185954)	5%BSA/TBST
Oxy-PTP	<i>Monoclonal Mouse lgG1</i>	R&D sytems	1:1000 in
	(Clone # 335636)	(MAB2844)	2%Milk/TBST
GAPDH	Monoclonal Mouse	Abcam	1:10,000 in
	[mAbcam 8484]	(Ab9482)	5%BSA/TBST
PCNA	Rabbit Polyclonal IgG	Abcam (ab2426)	1:200 in 5%BSA/TBST
α-tubulin	Mouse monoclonal	Abcam	1:5000 in
	[DM1A]	(ab7291)	5%BSA/TBST

Table S2. Specifications and sources of antibodies used for immunoblotting