

**Correspondence:** S.N.C. Barra, Cardiology Dept, Coimbra Hospital and University Centre, Hospital Geral, Quinta dos Vales, 3041-801 S. Martinho do Bispo, Coimbra, Portugal. E-mail: sergionbarra@gmail.com

**Statement of Interest:** None declared.

## REFERENCES

- 1 Moores L, Zamarro C, Gómez V, *et al.* Changes in PESI score predict mortality in intermediate-risk patients with acute pulmonary embolism. *Eur Respir J* 2013; 41: 354–359.
- 2 Aujesky D, Smith KJ, Cornuz J, *et al.* Cost-effectiveness of low-molecular-weight heparin for treatment of pulmonary embolism. *Chest* 2005; 128: 1601–1610.
- 3 Erkens PM, Gandara E, Wells PS, *et al.* Does the Pulmonary Embolism Severity Index accurately identify low risk patients eligible for outpatient treatment? *Thromb Res* 2012; 129: 710–714.
- 4 Jiménez D, Yusen RD, Otero R, *et al.* Prognostic models for selecting patients with acute pulmonary embolism for initial outpatient therapy. *Chest* 2007; 132: 24–30.
- 5 Moores L, Aujesky D, Jiménez D, *et al.* Pulmonary Embolism Severity Index and troponin testing for the selection of low-risk patients with acute symptomatic pulmonary embolism. *J Thromb Haemost* 2010; 8: 517–522.
- 6 Barra S, Paiva L, Providência R, *et al.* LR-PED rule: Low Risk Pulmonary Embolism Decision Rule – a new decision score for low risk pulmonary embolism. *Thromb Res* 2012; 130: 327–333.
- 7 Pencina MJ, D’Agostino RB Sr, D’Agostino RB Jr, *et al.* Evaluating the added predictive ability of a new marker: from area under the ROC curve to reclassification and beyond. *Stat Med* 2008; 27: 157–172.

DOI: 10.1183/09031936.00108112

*From the authors:*

We would like to thank S.N.C. Barra and co-workers for their thoughtful response to our article [1]. We agree with the authors that prognostic assessment of patients with acute pulmonary embolism is of pivotal importance and, thus, is an area of active investigation for our group. We would like to comment on just a few of the points raised by the authors. First, the authors comment that the Low-Risk Pulmonary Embolism Decision score is the only model derived completely from haemodynamically stable patients, which they define as those without any evidence of myocardial necrosis or echocardiographic right ventricular dysfunction (RVD). We agree that risk stratification tools should be derived from haemodynamically stable pulmonary embolism patients. However, we disagree that markers of myocardial injury and RVD should be performed prior to clinical scores. In fact, there is increasing evidence that the Pulmonary Embolism Severity Index (PESI) and Simplified PESI (sPESI) identify low-risk patients who might benefit from outpatient therapy of their disease without the need for echocardiography or troponin tests [2, 3].

S.N.C. Barra and co-workers seem to take away from our study that the PESI score 48 h after admission (PESI<sub>48</sub>) and sPESI<sub>48</sub> are more accurate than the PESI and sPESI. This is not really true. As the authors note later in their correspondence, we did not compare PESI with PESI<sub>48</sub> but retested PESI in those who were

initially PESI class III. We were not interested in finding a score better than PESI but rather a way to increase our ability to identify patients who will have a good outcome regardless of the treatment setting. Thus, our intention in the current study was to further risk-stratify patients who are at intermediate risk on presentation. In essence, calculation of PESI<sub>48</sub> can identify a portion of intermediate risk patients who have responded favourably to their initial treatment and can be safely discharged early from the hospital. From a clinical application standpoint, we would suggest that PESI and/or sPESI can be used to identify a very low-risk population that can be treated entirely as outpatients. Calculation of the PESI<sub>48</sub>/sPESI<sub>48</sub> can then be used to identify patients appropriate for early discharge after an initial hospitalisation.

The authors asked us to consider further assessment of PESI<sub>48</sub> by calculating discrimination, calibration and accuracy scores. We have gladly done so. For PESI<sub>48</sub>, the area under the curve is 0.75 (95% CI 0.66–0.84), Hosmer–Lemeshow goodness-of-fit is 5.38 (p=0.72) and Brier score is 0.073. Finally, we thank the authors for identifying a typographical error in our manuscript. They note that we reported a negative integrative discrimination index (IDI). In fact, the IDI was positive. In other words, the new score improves classification by 2%. This error has been corrected in this issue of the *European Respiratory Journal*, both in print and online.

Thank you again for the correspondence and the opportunity to further clarify our findings.

**Lisa K. Moores\***, **Celia Zamarro<sup>#</sup>**, **Vicente Gómez<sup>†</sup>**, **Drahomir Aujesky<sup>+</sup>**, **Leticia García<sup>#</sup>**, **Rosa Nieto<sup>#</sup>**, **Roger Yusen<sup>§</sup>** and **David Jiménez<sup>#</sup>** on behalf of the Instituto Ramón y Cajal de Investigación Sanitaria Pulmonary Embolism Study Group

\*F. Edward Hebert School of Medicine, Uniformed Services University of the Health Sciences, Bethesda, MD, and <sup>§</sup>Divisions of Pulmonary and Critical Care Medicine and General Medical Sciences, Washington University School of Medicine, St Louis, MO, USA. <sup>#</sup>Respiratory Dept, Ramón y Cajal Hospital, and <sup>†</sup>Medicine Dept, Ramón y Cajal Hospital, Madrid, Spain. <sup>+</sup>Division of General Internal Medicine, Bern University Hospital, Bern, Switzerland.

**Correspondence:** L.K. Moores, Uniformed Services University of the Health Sciences, Bethesda, MD 20814, USA. E-mail: lisa.moore@usuhs.edu

**Statement of Interest:** A statement of interest for R. Yusen is available at [www.erj.ersjournals.com/site/misc/statements.xhtml](http://www.erj.ersjournals.com/site/misc/statements.xhtml)

## REFERENCES

- 1 Moores L, Zamarro C, Gómez V, *et al.* Changes in PESI score predict mortality in intermediate-risk patients with acute pulmonary embolism. *Eur Respir J* 2013; 41: 354–359.
- 2 Lankeit M, Jiménez D, Kostrubiec M, *et al.* Predictive value of the high-sensitivity troponin T assay and the Simplified Pulmonary Embolism Severity Index in hemodynamically stable patients with

acute pulmonary embolism: a prospective validation study. *Circulation* 2011; 124: 2716–2724.

3 Aujesky D, Roy PM, Verschuren F, *et al.* Outpatient *versus* inpatient treatment for patients with acute pulmonary embolism:

an international, open-label, randomised, non-inferiority trial. *Lancet* 2011; 378: 41–48.

DOI: 10.1183/09031936.00124612

## Re-think first-line tuberculosis treatment

To the Editor:

In the June issue of the *European Respiratory Journal (ERJ)*, A. Skrahina and co-workers reported alarming rates of multidrug-resistant tuberculosis (MDR-TB) in Minsk, Belarus. In their survey, they diagnosed MDR-TB in 35.3% of new patients and 76.5% of previously treated patients [1]. The reflex response to such figures is to strengthen classical infection control activities, to intensify case detection, and to strengthen adherence to and rational use of the first-line antituberculosis regimen. Unfortunately, with the MDR-TB rates now emerging from Eastern Europe and Central Asia, it is questionable how appropriate the current first-line regimen and its rigid use in newly diagnosed cases are in that setting. Is it not time to consider an entirely new first-line treatment for countries or regions where, for example, >25% of tuberculosis in previously untreated patients is MDR-TB? In a different setting, that of community-acquired pneumonia, the use of macrolides as first-line therapy despite 25% macrolide resistance among its causative agents results in therapy-attributable mortality in around one in 100 persons treated [2]. Generally speaking, should we not consider revising the current first-line regimen once a yet-to-be-determined level of MDR-TB is measured, in order to prevent therapy-attributable mortality?

Prolonged continuation of current first-line regimens in high-prevalence MDR-TB settings favours the further emergence of such strains. Strains with resistance to the initial treatment choice are given a selective advantage and opportunity to spread in the community or nosocomially, which they would not otherwise have. Initial treatment with an ineffective regimen also provides conditions which may favour their adaptation towards preservation of transmissibility (*e.g.* by acquiring so-called compensatory mutations) [3].

Recent studies have found that regimens including bedaquiline (TMC207), PA-824, pyrazinamide, moxifloxacin and clofazimine have similar or stronger bactericidal activity than the current regimen of isoniazid, rifampicin and pyrazinamide with ethambutol or streptomycin. These novel compounds lack any cross-resistance with existing drugs [4, 5]. Different strategies for their implementation can be used. First, these regimens could serve as a universal regimen for settings where MDR-TB is so prevalent that it is unsafe and perhaps unethical to continue by just enforcing the old first-line regimen.

As a second strategy would entail the use of a new universal regimen followed by de-escalation to the current first-line regimen for patients infected with strains treatable with current first-line therapy. Unrestricted access to rapid molecular resistance detection or phenotypic susceptibility testing is

critical to this strategy. Such screening also provides the opportunity for separate quarantine measures for patients with sensitive tuberculosis, who rapidly become uninfected after initiation of therapy. Where possible, these patients would not be admitted to hospitals where they are at risk of super-infection with MDR-TB. This may help to slow the truly alarming increases in resistance rates seen in areas where prolonged in-patient treatment of tuberculosis is the norm.

Of course, the switch to a universal regimen can only be successful if it is part of a stable programme that also involves rigid infection control activities, active case detection, close monitoring of individual treatment adherence and rational use of the novel drugs, as set out in the recent review series in the *ERJ*, introduced and summarised by ZUMLA *et al.* [6].

The use of an initial regimen that is ineffective for a sizeable proportion of the patients and encourages the spread and further adaptation of resistant strains is unacceptable. The tuberculosis community must now push forward and start clinical trials of universal regimens that are equally active against pan-susceptible and MDR-TB.

Jakko van Ingen\* and Richard M. Anthony#

\*Dept of Medical Microbiology, Radboud University Nijmegen Medical Centre, Nijmegen, and #KIT Biomedical Research, Royal Tropical Institute, Amsterdam, The Netherlands.

**Correspondence:** J. van Ingen, Dept of Medical Microbiology (574), Radboud University Medical Centre, PO Box 9101, 6500HB Nijmegen, The Netherlands. E-mail: vaningen.jakko@gmail.com

**Statement of Interest:** None declared.

### REFERENCES

- 1 Skrahina A, Hurevich H, Zalutskaya A, *et al.* Alarming levels of drug-resistant tuberculosis in Belarus: results of a survey in Minsk. *Eur Respir J* 2012; 39: 1425–1431.
- 2 Daneman N, Low DE, McGeer A, *et al.* At the threshold: defining clinically meaningful resistance thresholds for antibiotic choice in community-acquired pneumonia. *Clin Infect Dis* 2008; 46: 1131–1138.
- 3 Comas I, Borrell S, Roetzer A, *et al.* Whole-genome sequencing of rifampicin-resistant *Mycobacterium tuberculosis* strains identifies compensatory mutations in RNA polymerase genes. *Nat Genet* 2011; 44: 106–110.
- 4 Williams K, Minkowski A, Amoabeng O, *et al.* Sterilizing activities of novel combinations lacking first- and second-line drugs in a murine model of tuberculosis. *Antimicrob Agents Chemother* 2012; 56: 3114–3120.