Genotype/phenotype correlation of the G85E mutation in a large cohort of cystic fibrosis patients

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ABSTRACT: In this European study, the phenotype in 68 patients, homozygous or compound heterozygous for the G85E mutation, was investigated.

Each index case was compared with two cystic fibrosis (CF) patients from the same clinic, matched for age and sex: one with pancreatic sufficiency (PS) and one with pancreatic insufficiency (PI).

When comparing 31 G85E/F508del and F508del/F508del patients, there were no differences in median age at diagnosis, mean sweat chloride value, most recent weight for height, most recent forced expiratory volume in one second % predicted, prevalence of chronic *Pseudomonas aeruginosa* colonisation and typical CF complications. However, PI was less frequent in the G85E/F508del group. Comparison of 55 G85E patients (with second mutation known and not classified as mild) with PS controls (n=44) showed that the G85E patients had a significantly higher sweat chloride, more often failure to thrive at diagnosis, higher prevalence of PI, worse current weight for height, higher prevalence of chronic *P. aeruginosa* colonisation and liver cirrhosis. Pulse-chase experiments revealed that G85E cystic fibrosis transmembrane conductance regulator failed to mature on a M470 as well as on a V470 background. Therefore, G85E is a class II mutation.

Although there is variability in its clinical presentation, G85E mutation results in a severe phenotype.

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Cystic fibrosis (CF) is the most common lethal, congenital disease in White populations. It is caused by mutations on both genes coding for the cystic fibrosis transmembrane conductance regulator (CFTR) protein. The gene spans ~250 kb on the long arm of chromosome 7 and encodes a chloride channel regulated by cyclic adenosine monophosphate. Defects in the CFTR protein are responsible for abnormal chloride transport across the apical membrane of exocrine epithelial cells and result in a highly variable clinical expression from mild to very severe disease [1, 2]. Severe phenotypes are usually associated with high concentrations of sweat chloride, early onset of pancreatic insufficiency (PI) and severe lung disease. Mild phenotypes are associated with lower sweat chloride concentrations, pancreatic sufficiency (PS), variable lung disease and no history of meconium ileus. In addition, patients with atypical disease and normal sweat chloride values, as well as patients with disease manifestations limited to one organ, have been described. Whether these individuals can be considered affected by CF or not has not yet been fully elucidated [2]. Within the group of patients with classical CF and sweat chlorides >60 mEq \hat{L}^{-1} , the pancreatic status of the patient can be taken as a marker of disease severity: patients with PS have significantly lower sweat chlorides [2], slower progression of lung disease [3, 4] and usually carry at least one mild mutation [5].

To date, >1,000 different mutations in the CFTR gene have already been reported by the Cystic Fibrosis Genetic Analysis

Consortium [6]. The genotype-phenotype correlation is not known for many rare mutations. Worldwide, of all mutations reported, the G85E mutation has a frequency ~0.2%. It is more prevalent in the Mediterranean region (Spain 1%, Italy 1.7%) [7, 8]. The G85E mutation is a missense mutation: in exon 3, at nucleotide position 386, guanine is replaced by adenosine, resulting in the substitution of glycine by negatively charged glutamic acid in the first membrane-spanning domain [9]. Earlier reports about G85E concern a small number of patients. It is not clear whether the mutation correlates with a mild, a severe or a variable phenotype [8–11].

The purpose of the present study was to determine the clinical outcome of CF patients, homozygous or compound heterozygous for the G85E mutation, in a large study group. In addition, the effect of G85E mutation constructs on CFTR protein expression was evaluated in *in vitro* cell lines.

Materials and methods

The physicians cooperating in the CF thematic network [12] were contacted by e-mail. They were asked to report clinical data on their patients homozygous or compound heterozygous for the G85E mutation and, per index case, on two control CF patients. The control patients needed to have a firm diagnosis of CF, including a sweat chloride >60 mEq·L⁻¹.

They were matched for sex and age, their birth date being as close as possible to the index case. One control patient needed to have PI and one control patient needed to have PS. Exocrine pancreatic insufficiency was defined as >7 g of faecal fat loss per day and/or fat absorption <93% on 3-day faecal fat balance.

To describe the severity of the disease, the following clinical variables were used: age at diagnosis; sweat chloride concentration using pilocarpine iontophoresis [13]; presenting symptom (meconium ileus, failure to thrive, steatorrhea, respiratory disease); most recent weight for height; most recent forced expiratory volume in one second (FEV1) % predicted; presence of chronic *Pseudomonas aeruginosa* colonisation; and occurrence of complications such as liver cirrhosis, cystic fibrosis-related diabetes (CF-RD), distal intestinal obstruction syndrome (DIOS) and pancreatitis.

Weight-for-height percentiles were calculated using the standards of PRADER et al. [14]. Chronic P. aeruginosa colonisation was defined as stated in the European consensus report: presence of P. aeruginosa in the bronchial tree for 6 months, based on at least three positive sputum cultures at 1-month intervals [15]. Liver cirrhosis was reported when a firm (left) liver (lobe) was felt and ultrasound confirmed signs of cirrhosis or when there was a large palpable spleen. CF-RD refers to disturbed glucose metabolism treated with insulin. DIOS was defined as intermittent abdominal pain and a palpable faecal mass in the right abdominal quadrant, leading to hospital admission for medical or surgical treatment. Pancreatitis was considered as any acute episode of abdominal pain associated with serum amylase levels ≥ 1.5 times above the upper limit of normal for the individual laboratories.

For evaluation of lung function, FEV1 values were used at their most recent assessment and they were determined as recommended by the ATS consensus [16]. All values were expressed as percent predicted value by QUANJER and PORSBOOM [17].

In order to have a clear-cut evaluation of the influence of the G85E mutation, a primary analysis for G85E/F508del patients *versus* F508del/F508del PI patients was performed. The G85E patients were also compared with the groups with PI and PS. Mild mutations confer the PS phenotype in a dominant way [5]. From the group of G85E patients, thirteen with unknown second mutation or with a second mutation known to be associated with PS were eliminated.

For continuous, normally distributed data, results are expressed as mean±sem and compared by paired t-test. Skewed data are presented as median (interquartile range). For continuous variables, the Wilcoxon signed-ranks test was used. For analysis of binary variables, Fisher's exact test was used.

Apart from studying the phenotype in patients carrying the G85E mutation, the G85E mutation was expressed in cell lines, and the influence of the mutation on CFTR protein biosynthesis and expression in vitro was studied. This technique helps to determine which mutation class G85E belongs to, at least in the chosen expression system [18]. G85E-CFTR cDNA/pcDNA3 expression vectors, either on a M470-CFTR or V470-CFTR background, were made by means of the TransformerTM Site-Directed Mutagenesis Kit (Clontech, Palo Alto, CA, USA), using the mutagenesis primer 5'-GGA GAT TTA TGT TCT ATG AAA TCT TTT-3', according to previously described protocols [19]. The complete CFTRcoding region of these constructs was verified by sequencing. Expression vectors were transiently transfected in COS-1 cells. After metabolic labelling of transfected cells, pulse-chase experiments were performed over different time periods according to previously described protocols [19], except for immunoprecipitation of CFTR with a C-terminal CFTR antibody (R&D systems, Minneapolis, MN, USA).

Results

Twenty-one centres in seven European countries contributed data. Data were collected on the phenotype of 68 patients homozygous or compound heterozygous for the G85E mutation. Some centres were unable to supply data on matched PS patients.

Genotypes

The genotypes of all patients are presented in table 1.

Out of 68 patients in the G85E group, 34 carried the G85E/F508del mutations. In 26 patients, the second mutation was known but was not the F508del: in 21 of these patients the second mutation was known to be associated with severe disease; and in two of these patients the second mutation was considered as a mild mutation. In eight patients the second mutation was not known. In three patients the phenotype of the second mutation was not known. One index case was homozygous for the G85E mutation and was PS. All but two patients in the G85E group were Caucasian: one was Caucasian/African (Antilles) and one was African.

All patients in the PI group carried at least one F508del mutation. Fifty-eight of the 68 PI patients were F508del homozygous. In eight the second mutation was known.

In the PS group only one patient was F508del homozygous. Thirty-three patients were F508del heterozygous, but in 15 of them the second mutation was not known. Twelve patients had known but non-F508del mutations on both CFTR genes. In nine patients neither mutation was known. At least 13 patients carried a mutation known to confer mild disease [18, 20].

G85E/F508del compared to F508del/F508del

This analysis concerns 31 patients and is presented in table 2: three of the 34 patients with G85E/F508del genotype in whom the PI control patient did not have a F508del/F508del genotype were excluded from analysis. Mean current age, median age at diagnosis, mean sweat chloride value, most recent weight for height, most recent FEV1 % pred, per cent of patients with chronic *P. aeruginosa* colonisation and typical CF complications are reported in table 2, and did not differ between the two subgroups. However, PI was less frequent in the G85E/F508del group. In addition, at time of diagnosis, steatorrhea and failure to thrive were less frequent in G85E/F508del patients. Chronic or recurrent respiratory symptoms occurred equally frequently in both groups.

G85E patients (with second mutation known and not classified as mild) compared to PI and PS matched controls

Comparison of this larger G85E patient group with their PI controls (n=55; table 3) showed the same results as the comparison between the G85E/F508del subgroup *versus* the F508del/ F508del group. No differences in mean current age, median age at diagnosis, median sweat chloride value, current weight for height, most recent FEV1 % pred, prevalence of *P. aeruginosa* colonisation nor CF complications were found. Again, there was a lower percentage of patients having PI and steatorrhea or failure to thrive at diagnosis.

Comparison of the G85E group with PS controls (n=44; table 3) showed that the G85E patients have a significantly higher sweat chloride (p<0.0018), more often present

Table 1. - Cystic fibrosis transmembrane conductance regulator genotypes of patients in the three study groups

G85E		PI		PS	
Genotype	Subjects n	Genotype	Subjects n	Genotype	Subjects n
G85E/F508del [#]	34	F508del [#] /F508del [#]	58	F508del [#] /unknown	15
G85E/unknown	8	F508del#/unknown	2	$F508del^{\#}/3849+10 \text{ kbC} \rightarrow T^{\P}$	5
G85E/G542X#	5	$F508del^{\#}/1717-1G \rightarrow A$	1	F508del [#] /R117H [¶]	3
G85E/W1282X#	4	F508del#/N1303K#	1	T338I/L1065P	2
G85E/I507del#	3	F508del*/H139R	1	E585X/3272-26A \to G [¶]	2
G85E/R1162X#	3	F508del [#] /R1066C [#]	1	$2183AA \rightarrow G/2789 + 5G \rightarrow A$	2
G85E/2183AA→G	2	F508del [#] /G542X [#]	1	$F508del^{\#}/711+5G\rightarrow A$	1
G85E/G85E	1	$F508del^{\#}/712-1G \rightarrow T$	1	F508del [#] /D1152H [¶]	1
G85E/E585X#	1	$F508del^{\#}/621+1G \rightarrow T$	1	$F508del^{\#}/1898+3A \rightarrow G$	1
$G85E/711+1G\rightarrow T^{\#}$	1	F508del [#] /1898+1	1	F508del [#] /R347H [¶]	1
$G85E/712-1G\rightarrow T^{\#}$	1	Total	68	$F508del^{\#}/2789 + 5G \rightarrow A$	1
$G85E/621+1G\rightarrow T^{\#}$	1			2789+5G→A/?	1
G85E/W496X	1			F508del [#] /N1303K [#]	1
G85E/N1303K#	1			T388I/R1158X	1
$G85E/711+5G\rightarrow A^{\P}$	1			3272-26A>G¶/E822X	1
G85E/R334W [¶]	1			F508del [#] /R334W [¶]	1
Total	68			$574 \text{delA}/2789 + 5G \rightarrow A$	1
				$F508del^{\#}/3272-26A \rightarrow G^{\P}$	1
				F508del [#] /R352Q	1
				F508del [#] /3272-26A>G [¶]	1
				R334W [¶] /444delA	1
				$L206W/3272-26A \rightarrow G^{\P}$	1
				F508del [#] /F508del [#]	1
				L206W/?	1
				Unknown/unknown	9
				Total 56	

PI: pancreatic insufficiency; PS: pancreatic sufficiency. #: mutation associated with severe disease; ¶: mutation associated with "mild" disease. Classifying mutations as severe and mild may be controversial because for many mutations functional studies have not been performed. The mutations have been marked in accordance with other authors' findings [1, 2, 6, 18, 20, 21, 24, 26].

symptoms of steatorrhea and failure to thrive at diagnosis (p<0.0001), higher prevalence of pancreatic insufficiency (p<0.0001), worse current weight for height (p<0.02), higher prevalence of chronic *P. aeruginosa* colonisation (p<0.0083) and liver cirrhosis (p<0.05). The most recent FEV1 % pred was $69\pm4.8\%$ in the G85E group and $85\pm6.6\%$ in the PS group (p=0.08). Median age at diagnosis was 22 months in the

G85E group and 44 months in the PS group (p=0.13). CF-RD was more frequent (11 *versus* 2%, p=0.1).

If all G85E patients were considered (n=68) in the analysis, these last differences again reached statistical significance (data not shown). Three patients of the G85E group died: two patients died at the age of 10 yrs, of whom one after *Burkholderia cepacia* colonisation; and one patient died at

Table 2. – Current age and clinical variables in a group of European cystic fibrosis (CF) patients heterozygous for G85E and F508del compared to CF patients homozygous for F508del

	G85E/F508del	F508del/F508del	G85E/F508del versus F508del/F508del
Subjects n	31	31	
Current age yrs	$19.5 \pm 7.2 \ (2-40)$	$19.5\pm6.9\ (3-39)$	0.05#
Age at time of diagnosis months	5 (2–40)	9 (2.5–23)	0.2^\P
Sweat chloride mEq·L ⁻¹	100 (90–110)	100 (88–110)	0.95^{\P}
Presenting symptoms	, ,	` ,	
Steatorrhea	38	86	0.0003^{+}
Failure to thrive	38	70	0.017^{+}
Meconium ileus	4	7	0.38^{+}
Respiratory	82	62	0.88^{+}
Pancreatic insufficiency	60	100	< 0.001 +
Most recent weight for height percentile	60±5	58±6	$0.68^{\#}$
Most recent FEV1 % pred	69±5	65±6	0.78#
Chronic <i>P. aeruginosa</i> colonisation	41	45	0.33^{+}
Complications			
Liver cirrhosis	13	7	0.119^{+}
CF-DM	9	6	0.298^{+}
DIOS	16	6	0.16^{+}
Pancreatitis n	1	0	0.5^{+}

Data are presented as mean±SD (range), median (interquartile range), mean±SEM or % unless otherwise stated. Subjects were matched for centre, sex and age. FEV1: forced expiratory volume in one second; pred: predicted; *P. aeruginosa: Pseudomonas aeruginosa*; CF-RD: cystic fibrosis-related diabetes; DIOS: distal intestinal obstruction syndrome. Statistical analysis by paired t-test[#], Wilcoxon signed-ranks test[¶] and Fisher exact test⁺.

Table 3. – Current age and clinical variables in a group of European cystic fibrosis (CF) patients, carrying the G85E mutation and a known second mutation not associated with pancreatic sufficiency (PS), compared to two groups of CF patients not carrying the G85E mutation and having either pancreatic insufficiency (PI) or PS

	G85E	PS	PI	G85E versus PS
Subjects n	55	44	55	
Current age yrs	$18.2 \pm 9 (2-51)$	$18.2 \pm 9 (2-52)$	$18.9\pm9 (3-46)$	$0.06^{\#}$
Age at time of diagnosis months	22 (3–124)	44 (6–169)	6 (2–28)	0.13^{\P}
Sweat chloride mEq·L ⁻¹	106 (95–115)	100 (78–109)	102 (94–110)	0.0018^\P
Presenting symptoms	` '	` '	` ,	
Steatorrhea	40	5	84	0.0001^{+}
Failure to thrive	40	14	71	0.0001^{+}
Meconium ileus	2	0	12	0.49^{+}
Respiratory	78	74	63	0.17^{+}
Pancreatic insufficiency	54	0	100	$< 0.0001^{+}$
Most recent weight for height percentile	57±4	72±5	58±5	$0.02^{\#}$
Most recent FEV1 % pred	69±5	85±7	66±5	$0.08^{\#}$
Chronic <i>P. aeruginosa</i> colonisation	42	23	46	0.0083^{+}
Complications				
Liver cirrhosis	9	0	11	$< 0.05^{+}$
CF-RD	11	2	13	0.1^{+}
DIOS	15	7	9	0.11^{+}
Pancreatitis n	2	2	0	0.55^{+}

Data are presented as mean±SD (range), median (interquartile range), mean±SEM or % unless otherwise stated. Subjects were matched for centre, sex and age. FEV1: forced expiratory volume in one second; pred: predicted; *P. aeruginosa: Pseudomonas aeruginosa*; CF-RD: cystic fibrosis-related diabetes; DIOS: distal intestinal obstruction syndrome. Statistical analysis by paired t-test[#], Wilcoxon signed-ranks test[¶] and Fisher exact test⁺.

the age of 26 yrs after lung transplantation. This further documents the severe lung disease in the G85E patients. The frequency of pancreatic insufficiency was 57% in the total G85E group. Within the total G85E group, the age of the patients with PI was 23.0 ± 1.7 yrs and of the patients with PS 16.1 ± 1.7 yrs. PI patients were significantly older than PS patients (p=0.0045).

Sibling pairs

There were six sibling pairs in the G85E group. Two sibpairs, all compound heterozygous for the G85E and F508del mutations, were discordant for pancreatic disease manifestation. Out of 23-yr-old dizygotic twins, the boy suffered from PI, had a sweat chloride level of 106 mEq·L⁻¹, a weight for height percentile of 55 and liver cirrhosis. His twin sister was PS, had a sweat chloride value of 84 mEq·L⁻¹ and a weight for height percentile of 100. Both were chronically colonised with *P. aeruginosa*. The other sib-pair discordant for pancreatic function were 21 and 23 yrs old. The younger PI sib had a sweat chloride value of 97 mEq·L⁻¹ and a weight for height percentile of 90. The PS sib had a sweat chloride value of 116 mEq·L⁻¹ and a weight for height percentile of 30. Neither were chronically colonised with *P. aeruginosa*.

In vitro functional properties of G85E-CFTR

The degree of G85E-CFTR maturation was investigated. It is known that polymorphic loci, such as M470V, can affect the properties of CFTR [19]. However, the haplotype background of G85E-CFTR genes is mostly unknown. G85E was, therefore, studied either on a M470 or V470 background. G85E-V470-, G85E-M470- and wildtype-V470-CFTR were transiently expressed in COS cells. Pulse-chase experiments, lasting 30 min, 1 h 30 min and 3 h 30 min, showed maturation to the complex-glycosylated C-form for wild type-V470-CFTR. In contrast, G85E-V470- and G85E-M470-CFTR

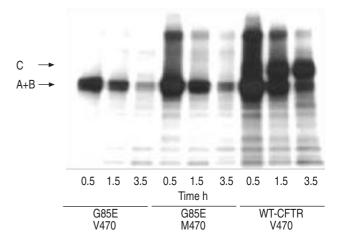


Fig. 1.—Analysis of biogenesis and degradation of G85E-cystic fibrosis transmembrane conductance regulator (CFTR). COS cells transfected with either G85E-V470-, G85E-M470- or wild type-V470-CFTR were metabolically labelled and chased for the times indicated. Subsequently, the cells were lysed, CFTR was immunoprecipitated with a monoclonal antibody directed to the COOH terminus of CFTR, and analysed by PAGE and autoradiography. The positions of the primary translated (A-form), core-glycosylated (B-form) and complex-glycosylated (C-form) CFTR products are indicated.

failed to mature to the complex-glycosylated C-form at all time periods (fig. 1).

Discussion

CF patients with the G85E mutation have a severe phenotype. When comparing G85E/F508del and F508del/F508del patients, there are no differences in age at diagnosis, sweat chloride value, parameters evaluating lung disease, most recent weight for height, nor CF complications. Conversely, comparing G85E patients with PS patients it

has been shown here that the G85E group has more severe disease when considering the same parameters. Conversely, there are some differences with classical PI patients: 43% of the G85E patients are PS; and steatorrhea and failure to thrive are less frequent presenting symptoms. Disease variability for pancreatic function is present.

Within classical CF, the pancreatic status differentiates mild and severe CF disease [3-5, 21]. PS patients have a milder expression than PI patients, with regards to sweat chloride value, mean patient age and pulmonary evolution [22, 23]. Moreover, classical PS patients seem to be intermediate between PI and non-classical CF patients with regards to sweat chloride values and nasal potential difference measurements [24]. The pancreatic phenotype is thought to be more dependent on the CFTR genotype than the pulmonary phenotype, for which the environment and modifying genes play a larger role [2, 5, 18, 20, 25, 26]. In the total G85E group studied, the frequency of PI was 57%. In patients carrying mutations like F508del, N1303K and W1282X, which correlate with a severe phenotype, >95% have PI [21]. In patients carrying mutations such as R117H, A455E, R334W and 3849+10 kb C>T, which are reported to correlate with a milder phenotype, 40–87% have PS [21, 27].

Familial concordance of pancreatic function within a family is high [26]. Indeed, only two of six sibling pairs in this study were discordant for pancreatic status. Intra-familial discordance for pancreatic status has, however, been reported previously [28]. Conversely, patients may be PS at diagnosis and evolve towards PI [22]. In accordance with this report, the G85E PS patients in the present study are significantly younger than the G85E PI patients.

Modifying genes can alter the clinical presentation [29]. Indeed, modifying genes for meconium ileus have been identified in region 19q13.2 [30]. Modifying genes can, at present, not yet be studied, but they could explain the rather infrequent occurrence of meconium ileus in the larger group of G85E patients.

In a previous study, it was found that G85E-CFTR fails to mature and, therefore, is a class II mutation [31]. In general, class II mutations result in severe CF disease [18]. The heterogeneity in disease severity in the group of G85E-CF patients is thus remarkable for a class II mutation, unless if it is conferred by the mutation on the other chromosome. It is known that polymorphic loci such as T_n, TG_m, M470V, affect the properties of CFTR. However, the haplotype background of G85E-CFTR genes is mostly unknown. G85E-CFTR was, therefore, studied both on a M470 and a V470 background, in order to investigate if G85E-CFTR properties are affected by the amino acid found at the M470V position and in this way could explain the observed disease variability. Both G85E-M470- and G85E-V470-CFTR, however, completely failed to mature. On the basis of the present *in vitro* findings, as well as on the basis of the clinical findings in the patient group, G85E can be classified as a mutation associated with severe disease.

A variable such as the age at diagnosis may be biased by the introduction of screening programmes that may artificially lower the age at diagnosis in PS patients. Even so, the age at diagnosis was lower in G85E patients, supporting the idea of a more severe phenotype. Respiratory disease is the most important cause of morbidity and mortality in CF [20]. In the present study G85E patients have more severe lung disease as assessed both by more frequent chronic *P. aeruginosa* infection and worse most recent FEV1 % pred.

In conclusion, G85E is associated with a severe phenotype. The much larger patient sample compared to previous reports makes a correct evaluation of the phenotype more likely. There is some variability in the phenotypic expression of pancreatic disease. The aetiology of this is uncertain but modifying genes and environmental factors could be responsible.

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